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| **Autumn/Winter Sample Menu** | | | | | |
|  | *Monday* | *Tuesday* | *Wednesday* | *Thursday* | *Friday* |
| **Breakfast**  **Served between 8:00 – 9:00 am** | Breakfast is a selection of cereals served with milk or an alternative. Porridge will also be offered during the colder months.  Toast will also be offered with a mixture of condiments. | | | | |
| **Mid-morning Snack** | Fresh Seasonal Fruit with a choice of milk or water | Milkshake station with a biscuit | Breadsticks with freshly prepared apple slices | Fresh vegetable sticks with a choice of milk or water | Crackers and toppings such as cream cheese |
| **Lunch**  **Served between 11:30 – 12:30pm** | Mixed Bean Hot Pot  With fresh diced carrots and peppers | Creamy Chicken Korma served with fluffy rice and mango chutney | Justyna’s Fresh Fish Pie served with Cauliflower and Broccoli stems | Shepherd’s Pie with a crispy mashed potato topping | Macaroni cheese served with a mix of carrots and sweetcorn. |
| **Vegetarian options** | Fresh Chickpea and mixed vegetable Curry served with fluffy Rice | Lentil pie served with Cauliflower and Broccoli stems | Mixed bean pie |
| **Mid-afternoon Snack** | Fresh Seasonal Fruit with a choice of milk or water | Milkshake station with a biscuit | Breadsticks with freshly prepared apple slices | Fresh vegetable sticks with a choice of milk or water | Crackers and toppings such as cream cheese |
| **Tea**  **Served between**  **4:00 – 4:45pm** | Tuna Pasta Bake with crispy cheese topping | Homemade Lentil and Tomato Soup with bread and butter | Lamb and pea pasta bake | Seasonal Vegetable Risotto served with grated cheese | Chana Aloo – using chickpeas and diced potato. This will be served with mango chutney and naan. |
| **Vegetarian options** | Vegetarian Pasta Bake with a crispy cheese topping | Mixed vegetable Pasta bake served in a tomato sauce |

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| **Spring/Summer Sample Menu** | | | | | |
|  | *Monday* | *Tuesday* | *Wednesday* | *Thursday* | *Friday* |
| **Breakfast**  **Served between 8:00 – 9:00 am** | Breakfast is a selection of cereals served with milk or an alternative.  Toast will also be offered with a mixture of condiments. | | | | |
| **Mid-morning Snack** | Fresh vegetable sticks with a choice of milk or water | Fresh Seasonal Fruit with a choice of milk or water | Crackers and toppings such as fruit compote | Fresh vegetable sticks with a choice of milk or water | Milkshake station with a biscuit |
| **Lunch**  **Served between 11:30 – 12:30pm** | Creamy Risotto served with peas and sweetcorn. | Lentil, potato and spinach curry served with chapatti | Lamb Supreme Pasta swerved with homemade garlic bread | Creamy chicken and leek hotpot | Fish Friday with Mash Potato and Veg |
| Vegetarian options | Supreme Pasta served in tomato sauce with homemade garlic bread | Lovely Lentil and chickpea hotpot | Veggie Friday with potato wedges |
| **Mid-afternoon Snack** | Fresh vegetable sticks with a choice of milk or water | Fresh Seasonal Fruit with a choice of milk or water | Crackers and toppings such as fruit compote | Fresh vegetable sticks with a choice of milk or water | Milkshake station with a biscuit |
| **Tea**  **Served between**  **4:00 – 4:45pm** | Fresh Mixed salad accompanied by pizza slices and pineapple cubes | Fish cakes served with baked beans | Cheese on toast or sardines on toast & crunchy peppers and carrot sticks | Tasty Tuna pasta bake | Assorted sandwiches with traditional fillings such as Chicken, Cheese and Jam served with cheese savouries and a mixture of vegetable sticks and fruit slices |
| Vegetarian options | Vegetable fingers served with baked beans | Vegetable Pasta Bake |